

# Five Valleys

## Astrid's Amble

*Written by Doug Watts, of Styx of Stroud, who gave us this dance.*

*It was written one Christmas some years ago as a processional for England's Glory ladies Cotswold side.  
Only many years later did the composer realise that it was rather similar to the theme music for The Guns of Navarrone.*

*He puts it down to too much figgy pudding, port and regressive TV scheduling.*

*(Arranged by GB-S for DBM)*

The musical score is written in G major (one sharp) and 4/4 time. It consists of four staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody is composed of eighth and quarter notes. Chords are indicated above the staff: G, C, G, C, G, G, D. The second staff continues the melody with chords G, C, G, G, G, D, G. The third staff has chords C, G, D7, G, C, G, c, G, D. The fourth staff has chords C, G, D7, G, G, G, D, G. The piece concludes with a double bar line.